

Expertise offer

1. Call number and title

HORIZON-HLTH-2023-CARE-04-02 Resilience and mental wellbeing of the health and care workforce

2. Researcher: Éva Perpék PhD

Éva Perpék is a research fellow at the Child Opportunities Research Group at the Centre for Social Sciences. Her fields of excellence include sociology and social policy. She gained experiences in studying mental wellbeing, work conditions and embeddedness of social care professionals; volunteering; child poverty and social exclusion; home environment and educational attainments of pupils; deliberative research methods; program evaluation of local development projects implemented in underdeveloped sub-regions. Perpék's recent research focus includes mental wellbeing, burnout, resilience, work conditions, and mobility of social care professionals. She applies both qualitative and quantitative research design.

Researcher profile

3. Expertise offer for the call

- Literature review
- Quantitative research: survey
- Qualitative research: policy review, interview, focus group, civic preference forum
- Mental well-being, resilience, turnover, working conditions, and socioeconomic status of social care professionals:
 - evidence-based Hungarian case study, international comparison
 - knowledge widening brochure
 - recommendations and guidance for employers, policy makers, training facilities and civil society organisations to: reduce risk factors and turnover, enhance mental wellbeing, attractiveness of the profession, and adaptation abilities to changing work conditions
- Program evaluation of local development projects

4. Relevant research experience, skills & publications

- Publication: Győri, Á., Perpék, É. (2021) Work Conditions and Burnout: An Exploratory Study Among Hungarian Workers in Family and Child Welfare, Child Protection and Pedagogical Professional Services. *European Journal of Social Work*. Online first p. 16.
- Publication: Bársony, F., Lengyel, Gy., Perpék, É. (2020) Enclave deliberation and common-pool resources: an attempt to apply Civic Preference Forum on community gardening in Hungary. *Quality and Quantity: International Journal of Methodology* 54(2):687-708.
- Publication: Perpék, É. (ed.) (2020) Professional cooperation, disadvantage compensation in schools, professional well-being: the results of a Hungarian-Croatian comparative study. Pécs, Abaliget.

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- HORIZON-HLTH-2023-CARE-04-02 Resilience and mental wellbeing of the health and care workforce

2. Researcher: Ágnes Győri PhD



Ágnes Győri is a senior research fellow at the Institute for Sociology at the Centre for Social Sciences. Her fields of excellence include sociology and methodology. She gained experience in health and social inequalities, mental wellbeing and social relationships; work conditions and embeddedness of social care professionals. Győri's recent research focus includes mental wellbeing, burnout, resilience and turnover intention of social care professionals. She leads and coordinates several large-scale surveys that shed light on the causal effects of these drivers. She also often applies quantitative research design.

Contact: Ágnes Győri, Senior Research Fellow at the Institute for Sociology, Centre for Social Sciences,
Email: gyori.agnes@tk.hu

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- Qualitative research: policy review, interview, focus group
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- Program evaluation of local development projects

4. Relevant research experience, skills & publications

- Győri Ágnes (2023): The impact of social-relationship patterns on worsening mental health among the elderly during the COVID-19 pandemic: Evidence from Hungary. *SSM Population Health*, Volume 21, 101346. <https://doi.org/10.1016/j.ssmph.2023.101346>.
- Győri Ágnes – Perpék Éva (2022): Work conditions and burnout: An exploratory study among Hungarian workers in family and child welfare, child protection and developmental professional services. *European Journal of Social Work*, 25(5): 777–791.
<https://doi.org/10.1080/13691457.2021.1997926>
- Huszár Ákos – Győri Ágnes – Balogh Karolina (2022): Resistance to Change: Intergenerational Class Mobility in Hungary, 1973–2018. *Sociological Research Online*, online first,
<https://doi.org/10.1177/13607804221084727>